

HIGHLIGHTS

CARMEL REFORMED CHURCH

“Can’t Wait For Sunday”

September, 2022

WAYS TO WALK

If you think walking is boring or repetitive, read *52 Ways to Walk*. Author Annabel Streets shares dozens of variations on this healthy pastime. From walking in the cold or at altitude to walking along a river or barefoot (or even backward!), each technique offers different benefits and new perspectives. Other ideas include a sensory walk, a silent walk, a foraging walk and singing while strolling. As Christians know, walking can be a great time to connect with God in prayer too.

Scripture speaks often about our spiritual walk: We are to walk “faithfully” with God (Genesis 5:24, NIV), walk “in all his ways” (Joshua 22:5, NRSV), walk “humbly” with God (Micah 6:8), walk “while you have the light” (John 12:35), walk while praising God (Acts 3:8), walk “by faith, not by sight” (2 Corinthians 5:7), walk “by the Spirit” (Galatians 5:16) and walk “in the same way” as Jesus walked (1 John 2:6, NRSV).

As we walk — even through dark valleys — we’re never alone. God promises, “I will walk among you and be your God” (Leviticus 26:12, NIV).

—Stephanie Martin

LABOR DAY LAUGHS

Take a break and enjoy this work-related humor!

- My first job was in an orange juice factory. I got canned because I couldn’t concentrate.
- When I couldn’t hack it as a lumberjack, I got the ax.
- I wasn’t suited to being a tailor.
- Working in the muffler factory was too exhausting.
- I was a banker ... until I lost interest.
- I realized there was no future in being a historian.
- Any way I sliced it, I couldn’t cut the mustard at the deli.
- I studied to become a doctor but had no patients.
- My job at the coffee shop was always the same old grind.
- When I worked as a plumber, the tasks were too draining.
- I was hired at a gym but wasn’t fit for the job.
- Finally, I got a job at a bakery; I kneaded dough!



September 4: Amanda Borchers, Ashley Laackmann, Tyke Van Kekerix, Josie Bomgaars.

September 11: Nikki Hulstein, Alyssa Kuyper, Kinlee Wolfswinkel, Elyse Zwart.

September 18: Jackie Huizenga,

Kiley Landman, Brody Van Voorst, Marcus Van Voorst.

September 25: Amy McAlpine, Nikki Van Meeteren, Nora Boogerd, Akenna Sandbulte.

October 2: Becky Ochsendorf, Kristi Segar, Nancy Boogerd, Sarah Boogerd.

PLEASE find a substitute or trade with someone, if you are unable to be in the nursery. **Please substitute an adult for an adult!**

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REFRESHMENT SCHEDULE

R - serve on Sunday morning; C - each bring 5 dozen cookies.

September 4 - R-Denny De Jong, Dan Buyert; C-Lin De Jong, Fonda Post, Ronda Leusink, Colleen Bomgaars, Frieda Bartels.

September 11 - R-Jerry Renes, Hans Smolders; C-Lorna Vander Vliet, Mimi Sandbulte, Alice Remmerde, Erica Robertson, Eug. Sandbulte.

September 18 - R-Doug Van Beek, John Leusink; C-Kaye Kuyper, Teresa Sandbulte, Hazel Haverhals, Helen Vande Vegte, Mary Lou Verburg.

September 25 - R-Jack Soodsma, Verlyn Van Regenmorter; C-Carmen Maassen, Carol Langstraat, Anita Van Ravenhorst, Doree Wolfswinkel, Cheryl Sandbulte.

October 2 - R-Mike Haverhals, Dan Buyert; C-Amy Rozeboom, Ryan Oostra, Amy McAlpine, Misty Zwart, Sarah Nibbelink.

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WOMEN'S LIFE TRIVIA NIGHT

Women's Life will be having Trivia Night with Very Good Trivia on Tuesday, Sept. 13, at 7:00 p.m. at the North Place. There will be beverages, snacks, and prizes provided.

Ladies can sign up at the Women's Life table in the Fellowship Hall on Sunday, September 4.

Hope you can join us for a fun evening of trivia with your Carmel friends.



Call the church office by noon on Monday, to let us know who your special music will be. If you are unable to have special music the scheduled time, please try to exchange with someone. Special music schedule is for the morning worship service.

- Sept. 4 - Alan Sandbulte
- Sept. 11 - Gene Sandbulte
- Sept. 18 - Gary Sandbulte
- Sept. 25 - Harv Sandbulte
- Oct. 2 - Henry Sandbulte
- Oct. 9 - Kevin Sandbulte
- Oct. 16 - Mark Sandbulte
- Oct. 23 - Marlin Sandbulte
- Oct. 30 - Owen Sandbulte

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ATTENTION: NURSERY WORKERS NEEDED

It is a huge blessing to have the nursery available for use, but it does require bodies to work in it. The more people we have on the list, the less frequent each person will need to work. (i.e. 16 volunteers, means each person will work once every 8 weeks) We need adults and students alike (4th-12th grade). This is not just a call for parents with little ones, it can be friends, aunts, uncles, grandparents, etc. Anyone is welcome to help! Please send a message to Amanda Borchers (either text 515-250-9251 or Facebook) to let her know you are willing to work in the nursery.

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WHERE DO WE GO FROM HERE?

For the last 15 months we've been asking for more people to sign up to help serve refreshments on Sunday morning. During that time we've had 3 sign up, but we've also had a few ask to be dropped from the list. So, where do we go from here?? A couple of our options are: to stop serving refreshments after the worship service, OR just go through the membership and put everyone on the list. The last option is not very feasible since people who have never done this before will not know what to do. The first option may be our only choice unless we come up with more people to serve refreshments on Sunday. Please call the church office to sign up!



Congratulations to Mr. and Mrs. Aric Den Herder (Sara Kleyer) who were united in marriage on August 27, in Carmel Church. The newly weds will be making their home by Ireton. Sara is employed by Demco in Boyden, in Ag Sales/ Customer Service. Aric is employed by Farmers Cooperative Society in Ireton as a Region Agronomist Certified Crop Advisor.

Sara is the daughter of John and Lori Kleyer and the granddaughter of Carmel member Carole Kleyer.

Congratulations to Mr. and Mrs. Eric Van Meeteren (Nikki Melton) who were united in marriage on August 31, in Sioux City.

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THANK YOU!



22:6 Group would like to thank everyone for their support for our first fundraiser, frozen sweet corn. We want to thank everyone for your support whether through your orders, picking corn, shucking corn or preserving corn. We could not have done it without you. God allowed us to have a successful fundraiser with a great corn crop and volunteers to step up to help. We were able to preserve over 1500 bags.

"Train up a child in the way he should go; even when he is old he will not depart from it."

Proverbs 22:6

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Mark your calendar for Wednesday, September 21, and plan to attend the Sr. RCYF's "50's Night" fundraiser. For a freewill donation they will be serving tav-

erns, hotdogs, coneys, chips and of course Rootbeer floats. Serving will be from 5:00-7:00 p.m. in the parking lot behind the church. (In case the weather is bad, it will be held indoors.)

So come out and enjoy the fun and bring a friend. You are also welcome to show off your classic car as well!!

If anyone has hamburger they would like to donate to the Sr. RCYF for "50's Night" please contact Tim or Julie Bomgaars.



Sr. RCYF will have their kick-off on Sunday, September 11, 4:00 - 8:00 p.m. All 9th - 12th graders are invited to meet at church for food, fun and games. We'll also have a bonfire by the parsonage fire pit.

Jr. RCYF (for 7th & 8th graders) will kick-off the year on Sunday, September 11, from 5:00 - 7:30 p.m. at Shawn and Jami Sandbulte's home (from Carmel it's 1 mile west and 3/4 mile north). We'll have yard games and a hotdog roast. Wear your tennis shoes. Bring your sub order forms. Parents can drop off their kids at 5:00 and pick them up at 7:30.

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The Jr. RCYF will be selling Sub Sandwiches as a fundraiser. Subs are great for school lunches, in the tractor or you can freeze them and enjoy later. They are offering four types of subs:

- Turkey and cheese
- Ham and cheese
- 3-meat (turkey, ham, roast beef) and cheese
- 3-meat (turkey, ham, bacon) and cheese

Order forms are in your mailbox or you can order from a Jr. RCYF member. **Order by September 11.** They will be ready for pickup on Sunday, September 25. Or if you ordered from an RCYF member, they will deliver them to you.

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CADET KICK-OFF

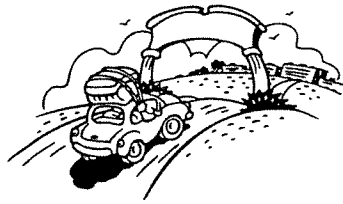
The Cadets will kick-off their year on Monday, September 19 at 6:00 p.m. They will meet at church and will go out for pizza. After that they will head to the Fields of Fun Corn Maze. All boys 2nd - 8th grade are invited to join us.

The Cadets will be doing their BEC Foods fundraiser again this year. They will be doing that October 3 - 17. Watch for further details on how to order those delicious soups, pies and cookies.

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"Prayer is thinking deeply about something in the presence of God."

—Wayne Cordeiro



Off to College

If anyone was omitted from this list, let the church office know.
(Birthdays are in parenthesis)

Charli Bomgaars is attending Northwestern College. Her address is: 208 8th Street SW, Unit 89, Orange City, IA 51041. (8-25)

Kyler Bomgaars is attending the University of Iowa. Her address is: 100 Burge, RM 3309, Iowa City, IA 52242. (10-7)

Matt Bomgaars is attending Dordt University. His address is 430 4th Ave. North Hall 311, Sioux Center, IA 51250. (4-21)

Sarah Boogerd is attending South Dakota State University. Her address is: SDSU, 251 Young Hall, Brookings, SD 57006. (7-9)

Brianna Fedders is attending NCC in Sheldon. She is living at home. (11-16)

Nyah Gesink is attending Dordt University. Her address is DU 2651, 700 7th Street NE, Sioux Center, IA 51250. (3-15)

Ethan Hoover is attending Dordt University. He is living at home. (8-13)

Isaac Hoover is attending Augustana University. He is living at home. (8-4)

Tara Horstman is attending Dordt University. Her address is: DU 4354, 651 6th St. NE, Sioux Center, IA 51250. (7-31)

Gabi Luevano is attending the University of South Dakota. Her address is 230 Beede Hall, 72 E. Cherry Street, Vermillion, SD 57069. (2-18)

Ana Sandbulte is attending Northwestern College. Her address is 208 8th Street SW, Unit 882, Orange City, IA 51041. (5-1)

Jacob Sandbulte is attending Northwestern College. His address is 208 8th Street SW, Unit 906, Orange City, IA 51041. (8-21)

Sofia Sandbulte is attending Northwestern College. She is living at home. (3-28)

Treyton Sandbulte is attending the University of North Dakota. His address is: 3531 13th Ave. N, Apt. 303, Grand Forks, ND 58203. (12-18)

Brett Segar is attending Northwestern College. He is living at home. (6-16)

Ashayla Soodsma is attending Dordt University. Her address is 700 7th Street NE, DU 2114, Sioux Center, IA 51250. (10-6)

Keziah Tea is attending Georgia State University. Her address is: 381 Bass Street SW, Atlanta, GA 30303. (2-8)

Dawson Van Beek is attending South Dakota State University. His address is SDSU Binnewies Hall RM 126, Box 28075, Brookings, SD 57007. (1-8)

Carson Vanden Brink is taking online classes this semester at NCC and will be attending classes next semester. He is living at home. (6-28)

Gracie Vanden Brink is attending the University of South Dakota. Her address is: 1133 Cottage Ave., Apt 202, Vermillion, SD 57069. (9-30)

Hope Vander Zwaag is taking online classes at NCC in Sheldon and is living at home. (12-19)

Landyn Van Kekerix is attending the University of Iowa. His address is: RM 668, 304 Grand Ave., Iowa City, IA 52242. (8-22)

Brynn Van Voorst is attending NCC in Sheldon. Her address is: O'Brien Hall, 603 College Dr. #123, Sheldon, IA 51201. (6-2)

Jenna Wolfswinkel is attending Dordt University. Her address is: DU 3463, 651 6th Street NE, Sioux Center, IA 51250. She will be living at home the 2nd Semester. (2-26)

Ella Zwart is attending Dordt University. Her address is: DU 3088, 700 7th St. NE, Sioux Center, IA 51250. (11-26)

Emma Zwart is attending Dordt University. Her address is: DU 3489, 651 6th Street NE, Sioux Center, IA 51250. (9-25)

NOTE OF THANKS

Northwest Iowa church families,

Thanks for demonstrating care and concern for the Ukrainian people through your generous donations at the Centre Mall parking lot trailer. Financial contributions and all items have been taken to Orphan Grain Train in Norfolk, NE.

OGT staff estimates that within about a month these donations, along with others, will reach countries where their ministry partners will distribute them to Ukrainians who continue in the tremendous struggle to have their basic needs met.

We can keep praying for the Ukrainian people, that these items will ease some of their sufferings, that they will experience Christ's love and find hope in Him, and that God will receive all the Glory.

Sincerely,
Caring for Ukrainians Team

Northwest Iowa Communities in Partnership
with Orphan Grain Train

Cal Cleveringa, Brenda Coulander, Laurie Gabhart, Magdalene Landegent, Ruth Landegent, Gregg Miller, Loralie Wiese

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ROCK VALLEY COFFEE BREAK

Rock Valley Coffee Break invites women of all ages to study the Bible together and grow in their faith and love for God's Word. Coffee Break is a community-wide, inductive Bible study that meets every Tuesday from 9:45-11:00 a.m. at First Christian Reformed Church in Rock Valley. Register and receive your study guide (Genesis 26-50) on Tuesday, September 6, from 9:30 - 11:00 a.m. at First CRC. First day of Bible Study will be September 13, at 9:45.



Online registrations available by scanning the QR code for those who are not able to register in person. For more information contact Noemi DeWeerd at 712-441-2515 or email noe-midw@gmail.com.

BIBLE LEAGUE CONFERENCE

The 2022 Tri-State Bible League Conference is scheduled for Tuesday, September 20 at Centerpoint Church (formerly First Reformed) in Sioux Center. The Power of the Word is the theme for the conference. The Keynote Speakers: Mike & Lynn Wilder. Former Mormons now Bible-believing Christians. The true story of how they found their way into the loving arms of Jesus' grace.

We also hope you will join friends and Bible League International representatives for dinner on Monday evening, September 19. The dinner will also be held at Centerpoint Church.

Tickets are available online through September 12 at bibleleague.org/tickets. No refunds after September 12. Registration forms were also in your church mailbox.

Nursery is available for the Conference from 9:30 a.m. - 3:00 p.m. Nursery attendants provided at no cost. Parents must provide a noon sack lunch and snacks for their children.

If you do not have internet access, please call Judy at 708-367-8546 during normal business hours (8 a.m. - 4:30 p.m.) for assistance.

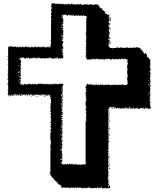
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SEARCH TEAM UPDATE:

Our team presses on searching for pastor candidates. While we have run into a few roadblocks, God keeps giving us people to research. We have been blessed by the meaningful conversations we have had with some of these individuals. We are learning a lot, and we are grateful for a team that is unified in our mission - we have thoroughly enjoyed getting to know more about each other and working on this important task together.

As we have said many times, we are so thankful for your prayers for our team and for these potential candidates and their families. We continue to lean on God for patience and we are confident that He will be faithful in pointing us to the right leader for Carmel Church.

Anita Van Ravenhorst, Beth Te Grotenhuis, Chris Van Essen, Dale Woudstra, Kiley Landman, Kristi Segar, Monty Prins, Nate Maassen, Scott Van Kekerix, Sofia Sandbulte, and Tom Zwart



Deacons Corner — September

Outreach Fund – The Outreach Fund is available to assist Carmel Reformed Church members participation in mission projects/trip by providing financial assistance for registration and travel expenses. This does not include normally scheduled JR/SR youth group trips.

The fund will reimburse ½ of travel and registration costs up to \$500.00 per individual per calendar year. Please contact the Outreach Fund deacon Monty Prins, or one of the other deacons for an application form.

Christian Care – The Christian Care Fund is available to assist with financial needs for those who are encountering difficult circumstances and are struggling to cover their basic financial needs. Please see the Christian Care Fund deacon, Marlin Sandbulte, if you are in need of assistance.

Adoption Fund – For those considering an adoption please consider inquiring as to whether you will qualify for the Carmel Reformed Church Adoption Assistance Fund. This fund makes available up to \$1,500 to assist active Carmel Reformed Church members with adoption costs. See any deacon for details and a copy of the application form. All requests will require consistory approval.

Act. Love. Walk

Micah 6:8

Micah 6:8 has been the theme for GEMS Girls' Clubs for 50 years this year. Leaders for GEMS all over the world ask the GEMS "What does the Lord require of You?" I remember well getting asked that same question back when it was Calvinettes! To respond "To act justly, to love mercy and walk humbly with your God." Micah 6:8.

Carmel Church, you all get to help our Carmel GEMS girls understand what it means to act justly and to love mercy and to walk humbly with your God. We get to introduce them to world changers in scripture and launch them into their own world-changing "Micah Missions" where they will put their faith into action. As Sunday School, Wednesday Night, and Youth Group leaders we will remind each girl that she was created with a purpose, for a purpose. Ephesians 2:10.

Imagine a world where girls believe they can make a significant difference in their homes, schools, community and world, not just someday, but today!

What does our night consist of? Praise and Worship, Devotions, Bible Study, Crafts, Prayer, Laughter, Friendships and Mission opportunities.

This year we are blessed to have an incredible Sisterhood of Counselors, Craft Ladies, Extra Hands, Kitchen Help, and Prayer Friends who will be encouraging and showing what it means to Act Justly, Love Mercy and Walk Humbly!

Club Coordinator: Kristi Van Voorst, **Co-Coordinator:** Rachel Van Roekel

Counselors: Linda Altena, Lisa Doelman, Megan Punt, April Kooi, Christy Zeutenhorst, Rachel Terpstra, Amy Yoerger, Kelsi Noteboom and Jami Sandbulte.

Extra Hands: Sue Noteboom, **Sub Counselors:** Amy Davelaar, Brynn Van Voorst

Craft Ladies: Fonda Post, Anita Van Ravenhorst

Prayer Friends: Nora Bohl, Vicki Fischer, Dittie Houtkooper, Cheryl Lange, Janae Rau, Pam Van Roekel, Helen Vande Vegte, Mary Lou Verburg.

Treasurer: Jolene Horstman

Kitchen: Anita, Ashayla, Rashayla, and Shanelle Soodsma

The sisterhood of GEMS is a beautiful thing!

Serving Him Together, Kristi Van Voorst



SEPTEMBER

- 2 - The Eddie Vander Weide's
- 3 - Jayse Niemeyer
Luke Haan
Mrs. Ashley Laackmann
- 4 - Kyle Wolfswinkel
Mrs. Laura Van Ravenswaay
Mrs. Hazel Haverhals
The Kevin Sandbulte's
The Lyle Diekevers'
- 6 - Mrs. Shelly Klarenbeek
Doug Van Beek
- 7 - Monty Prins
- 8 - Tielyr Rozeboom
Shawn Sandbulte
Curt Vander Vliet
- 9 - Marcus Van Voorst
Mrs. Alison Glade
Mrs. Lindsay Kor
The Matt Segar's
- 10 - Katie Van Maanen
Dennis De Jong
The Brad Beukelman's
The Mark Swets'
- 11 - Lennyx Koedam
Attyson Prins
The Monty Prins'
The Terry Koedam's
The Warren Post's
- 12 - Ty Vande Vegte
Anthony Janisch
Mrs. Courtney Mesman
Larry Wolfswinkel
The Steve Rozeboom's
- 13 - Ayda Maassen
Avery Sandbulte
Mrs. Jaimee Vonk
- 14 - Ethan Frangenberg
The Warren Vonk's
- 15 - Josie Schelling
Mrs. Rachel Moss
The Rob Sayles'
- 16 - Kaylee Anderson
Mrs. Tonia Woudstra
Herb Kuyper
- 17 - Alayna Nibbelink
Johnny Van Voorst
The Wally Valentine's
- 18 - Mrs. Becky Vanden Brink
- 19 - Mrs. Evelyn Klaahsen
- 20 - Julie Sandbulte
Beth Te Grotenhuis
The Eric Van Roekel's
- 21 - The Brian Klarenbeek's
- 22 - Mrs. Samantha Van Ginkel
Zach Renes
Seth Haverhals
Evelyn Moss
- 23 - Heather Brunsting
Mrs. Amanda Friedrichsen
Gary Sandbulte
John Kleyer
- 24 - Mrs. Deb Swets
The Derick Niemeyer's
The Jack Soodsma's
- 25 - Emma Zwart
Mrs. Sherri Wolfswinkel
- 28 - Mrs. Stephanie Schelling
Mrs. Deb Fedders
The Leon Franken's
The Marlin Van Voorst's
- 29 - Blake Bomgaars
- 30 - Remington De Wit
Ruthie Vanden Brink
Gracie Vanden Brink
Austin Vande Vegte
Mrs. Anita Soodsma

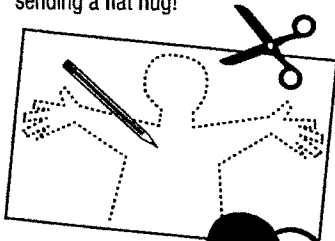
INSPIRATION HILLS WARRIOR RUN

Join us on Saturday, September 17 for a 1 Mile Family Fun Run/Walk at 9:00 a.m. or for the 5K Warrior Trail Run at 9:30 a.m. Experience a fun but challenging obstacle course for the entire family of all ages to enjoy through the beautiful hills and valleys at Inspiration Hills! Proceeds will go towards Kids Camp Scholarships. Cost is \$25 for the 1 Mile (6 years old & younger are free) or \$30 for the 5K. Early bird discount: \$5 off before September 3. To learn more, watch a video, or to register, visit inspirationhills.org/warrior-5k.



Envelope EMBRACE

Show long-distance love to grandparents and other relatives by sending a flat hug!



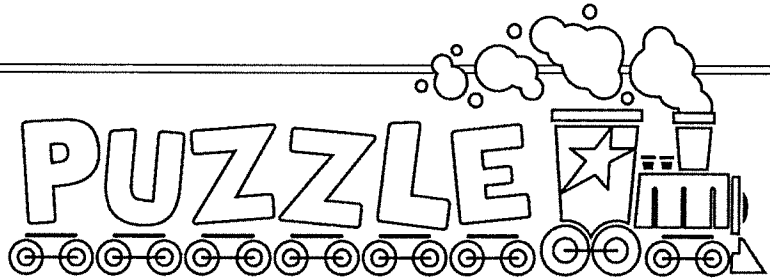
What you need:

- Craft paper
- Pencil
- Scissors
- Markers
- Envelope



What you do:

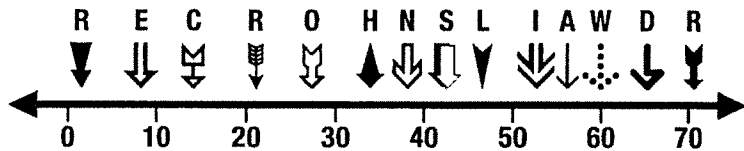
1. Roll out some craft paper (long enough to spread your arms across it).
2. Lie down on your back on the paper, with arms outstretched. Have someone trace around your arms, hands and head with a pencil.
3. Cut out the outline of your hug.
4. Draw your face and features on the paper. Use markers to color your hug to look like yourself. Write a note on the back.
5. Fold up and mail your two-dimensional hug to a loved one.



A full Quiver

Our heavenly Father loves families and has a special purpose for each generation.

Directions: Use the key to match the number of each arrow with the correct letter.



Like _____
56 21 71 28 60 42

in the hands of a warrior are

14 33 52 47 65 2 9 39

born in one's youth. Blessed is the man whose quiver is full of them.

PSALM 127:4-5, NIV

Answer: arrows, children